



much
more than
just a school



16 October 2026



Dear Parent/Carer

RE: Relationship & Sex Education lesson

I am writing to inform you of RSE sessions which will be delivered on Wednesday 21 October as part of your child's Challenge Day programme.



The session will cover 'puberty and body changes' and may look at other issues such as consent. This session will be delivered by tutors, then followed by a Q&A session with an RSE specialist, Gemma White who works for the Pregnancy Options Centre Chichester. Young people need to be able to make informed decisions and act responsibly, without being led or coerced into doing something they really do not want to do. These lessons will help students make up their own minds and not feel they need to 'go along with the crowd'. The sessions will also provide opportunities for further discussion at home about what the children are learning and appropriate relationships.



I expect that the experience will enhance not only the students' knowledge, but also their ability to make the informed decisions later on in life and more importantly, to make choices that are right for them and have the confidence to stick by them.



As these sessions come under the 'health' element of RSE you do not have the right to withdraw your child from these sessions, however, please do get in contact if you wish to discuss anything further.



Yours faithfully

Mrs Loake
SMSC coordinator



Success for All through Attainment, Resilience and Autonomy

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